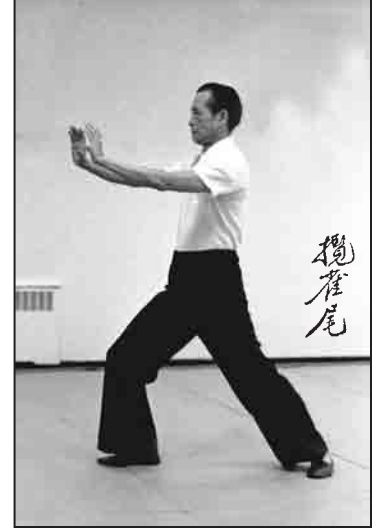




Double fish



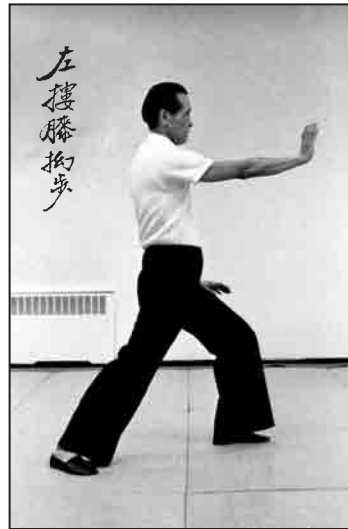
Withdraw



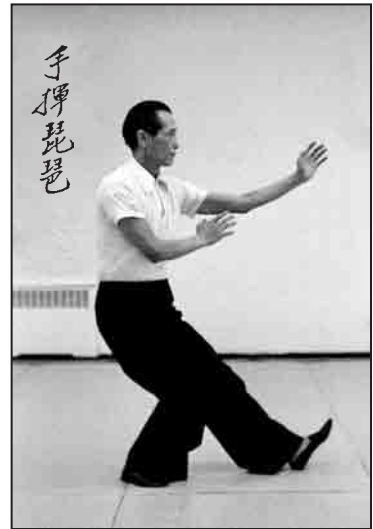
Push



Shoulder strike



Left brush Knee, Twist Step



Play the Pipa



Opening



Embrace Tiger return to Mountain



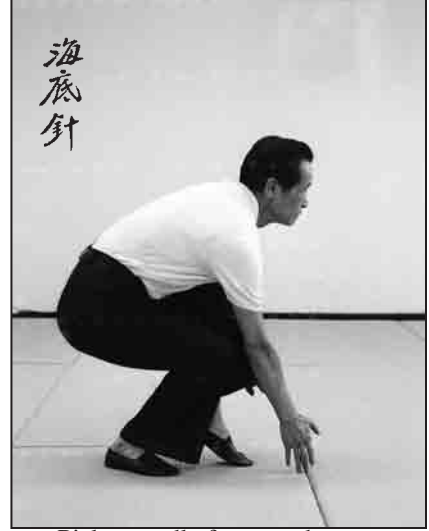
Repulse the monkey



Gathering



Heel turn



海底針

Pick a needle from sea bottom



肩通臂

Fan going through back



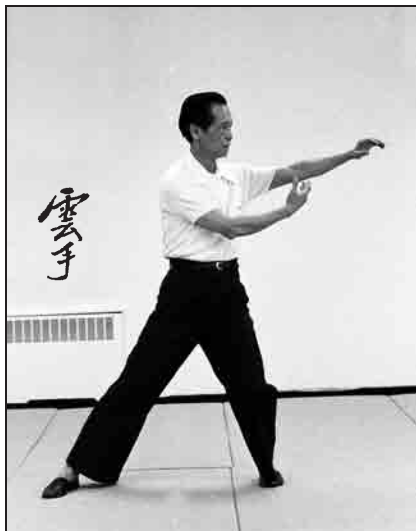
上步搬擱鏢

Parry



雲手

Wave Hands like Clouds



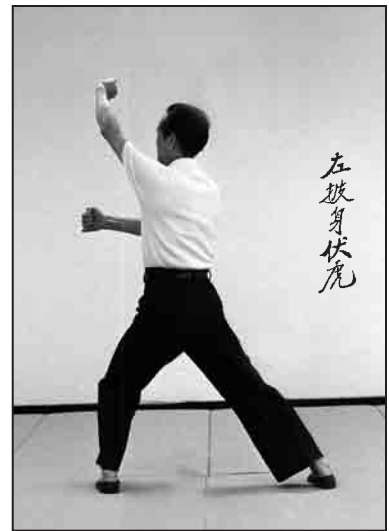
雲手

Wave Hands like Clouds



上步栽鏢

Turn and Strike With Fist



左披身伏虎

Strike Tiger left



Knee kick



玉女穿梭

Jade lady threads shuttle



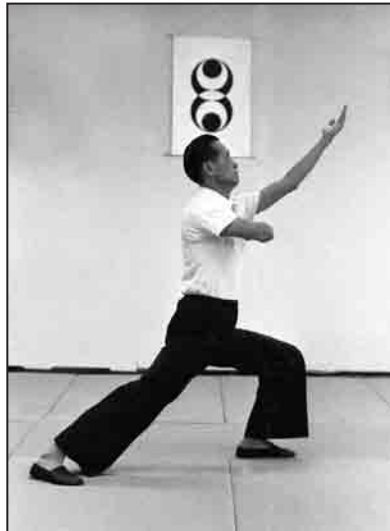
下勢

Down exercise



高探馬

Stand high search for horse



Throat thrust



上步擽膝指檔鏢

Step up, brush knee, block fist (close door)



Standing